

Blue Hill Enthusiasts Mark 40th Anniversary with Unique Events



Ben Swanson demonstrates how to use a compass and map.

Over 35 people braved the drenching rain to improve their navigation skills at a Map and Compass Clinic sponsored by the Friends of the Blue Hills and L.L. Bean this spring. Ben Swanson explained the importance of contour, how to read a map legend to locate landmarks, and how to access

maps that are best for your outdoor activity.

The Friends are offering many free special events throughout the year to celebrate our 40th Anniversary. For more information, visit FriendsOfTheBlueHills.org/40Fun.

Trail Maintenance Kicks Off on Park Serve Day

Trail Maintenance volunteers kicked off the new season with four different projects in the Blue Hills on Park Serve Day, April 27, including repairing a fence at Broderick Stables (below). Volunteers meet monthly in the Blue Hills on a variety of projects that keep trails clear and accessible to all. For more information on the trails program, visit FriendsOfTheBlueHills.org/trails-maintenance.



Photo by Bernie Murphy, Milton



Peek-a-Blue Hikes are Back!

Calling all parents, grandparents and child care providers! A new season of our popular Peek-a-Blue Hikes has begun! Come join us every other Tuesday at 11 a.m. at Houghton's Pond for free, guided, one-hour hikes. We provide complimentary snacks and drinks, and strollers are welcome. For more information and a schedule, visit FriendsOfTheBlueHills.org/peekablue.

Many thanks to our Peek-a-Blue sponsors: AFC Urgent Care, L.L. Bean-Legacy Place, and Milton Junior Woman's Club.

Thank you, Bob!

We would like to give a big thank you to Bob Tamkin for joining the Skyline Society by including the Friends of the Blue Hills in his estate planning. You can join the Skyline Society too just by letting us know you intend to include the Friends of the Blue Hills in your Will.

Bob Tamkin hikes the Blue Hills trails every day with his dog. He credits the Blue Hills for enhancing the quality of his life. He feels like nature is essential for a happy and healthy life.

This park is “an unbelievable resource,” he says. He feels strongly that “If it’s not protected, it won’t be there. It’s that simple.” He is grateful for the foresight that the park founders had

over 100 years ago and wants to make sure it is there for people 100 years from now.

Bob says that he feels strongly that nature and open space also have an inherent value... and he knows that our open space is disappearing. “I want to do my part to preserve it for future generations.”

In addition to making a modest contribution each year above his dues, he recently included the Friends of the Blue Hills in his estate planning because “like anything else of value in life, if it is not cared for and



protected, we will lose it.”

To learn about joining the Skyline Society by remembering the Friends in your Will, visit FriendsOfTheBlueHills.org/support/donate-in-your-will.

Hikers Explore the Geology of the Park

Geologist Les Tyrula led a group of 15 people on a fascinating geological trek up



Great Blue Hill during this spring’s Rockin’ in the Park Hike. For more information on future hikes, please visit FriendsOfTheBlueHills.org/news-events/calendar.

The Friends of the Blue Hills newsletter is produced four times a year.

Editors: Anne Comber, Judy Jacobs, Barbara Kirby

Layout: Donald Souliere

Visit us on the web at www.FriendsOfTheBlueHills.org or call 781-828-1805 for membership, maps and schedule information.
P.O. Box 416, Milton, MA 02186

YES! I want to protect the Blue Hills Reservation!

- Basic Membership – \$30+\$10=\$40*
- Hancock Hill Hero – \$100
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You may also donate through our secure server at FriendsOfTheBlueHills.org.

Thank you for your generous support!

*Optional \$10 for 40th Anniversary



A Spectacular Blue Hills Dinner at the Top of the Blue Hills Observatory!

What better restaurant to cater our exclusive Dinner in the Blue Hills than the Blue Hills Grille!

Enter our raffle, and you will have a chance to enjoy a mouth-watering dinner for six provided by Blue Hills Grille, the award-winning restaurant nestled in the Blue Hills.

The winner and five friends will be served a three-course meal by the chef in an exquisite setting at the top of the Blue Hills Observatory, with a 360-degree view of Boston, the Blue Hills and the ocean.

Tickets are \$15 each or 3/\$35 and can be purchased online on our secure website: FriendsoftheBlueHills.org/raffle2019.

The winning ticket will be drawn at our Annual Celebration to be held on Thursday, October 3. You need not be present to win.



Tam Willey serves tea to participants at the conclusion of forest bathing.

A Blissful Respite... For Members Only!

As part of our 40th Anniversary Celebration, the Friends is offering our members an opportunity to immerse themselves in the beauty and serenity of the Blue Hills! On Saturday, July 27, from 8:30-11 a.m., Certified Forest Therapy Guide Tam Willey will be leading a Forest Bathing Walk in the Reservation. These slow-paced guided wanderings promote wellness through a series of gentle sensory-opening invitations that invite us to notice more of our natural surroundings. These therapeutic experiences support a deepening connection with the natural world, opening us to the healing medicine of the forest.

SPACE IS LIMITED and is open to Members Only on a first-come, first-served basis. Registration opens on Sunday, July 7, at 5 p.m. Once registered, you will receive additional information, including the meeting place. To register on July 7, please email info@FriendsoftheBlueHills.org. If you are not yet a member, you can join today! Please visit FriendsoftheBlueHills.org/support.

Photo Contest Deadline is Sunday, September 8, at 5 p.m.!

Show us why we all want to protect the Blue Hills, by entering your favorite photos of the Blue Hills in our 40th Anniversary Photo Contest! Capture the beauty of the Blue Hills... with the inhabitants or visitors who value it! When you enter this year's photo contest, you could win one of two \$250 gift certificates to L.L. Bean ... and have your photo included in the 40th Anniversary calendar!

One prize will be awarded to the photographer with the photo that has the most electronic votes, and another prize will be awarded by a panel of judges. But don't wait—submit your photos now! The contest ends Sunday, September 8. Visit FriendsoftheBlueHills.org/photo-contest for details.



Photo by Barry Sall, Milton

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Save the Date for our Annual Celebration!
Thursday, October 3, at the Canton Town Club
 Please join us for this special 40th Anniversary
 Celebration of food, friends and festivities. Watch for your
 invitation in the mail!
 For more information, please visit
FriendsOfTheBlueHills.org/Celebrate2019.

Friends of the Blue Hills
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