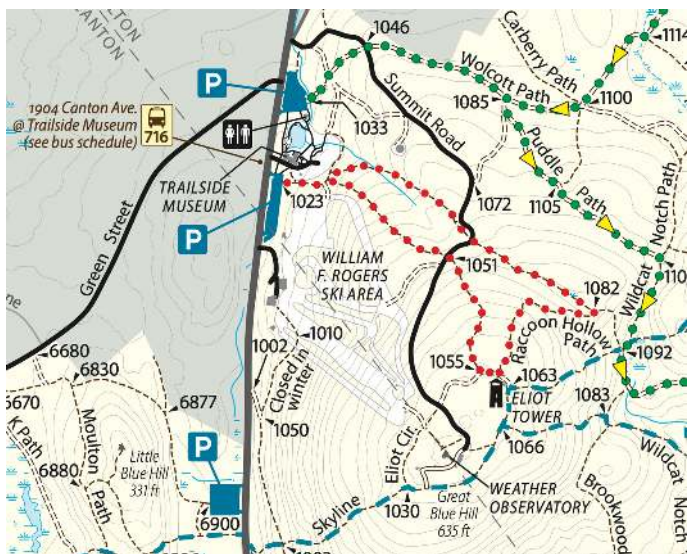


Friends of the Blue Hills is partnering with REI Co-op to 'Keep it Local, Keep it Clean'.

This year, we encourage you to not only #OptOutside in our own local park, we also challenge you help us Keep it Clean.

Keep it local

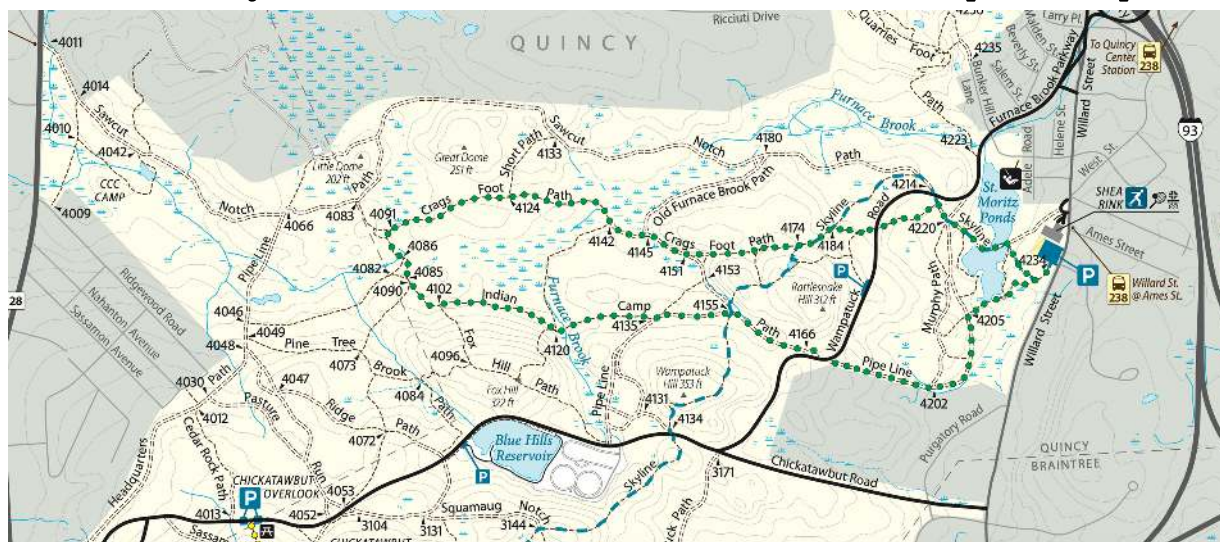
On your next visit to the Blue Hills, recreate on the trails REI has helped to steward!



Hike the Abigail Adams Trail

Enjoy the Abigail Adams Trail, a 2-mile round-trip, moderately steep hike with striking views of Boston and the Blue Hills. A sign along the way celebrates the accomplishments of the First Lady and reveals her family's love of the Blue Hills. Park at the Blue Hills Trailside Museum, 1904 Canton Ave, Milton. The trailhead begins at trail marker 1051, in the parking lot to the south of the museum. Follow the quill markers up the path. Don't miss the right turn at marker 1082. At the top, visit the historic Eliot Tower for spectacular views of the Boston Skyline, Boston Harbor, and beyond. You can also walk over to the Blue Hill Observatory for more great views.

Journey to the Civilian Conservation Corps Camp



Visit the site of the former Civilian Conservation Corps camp, which housed workers as part of President Roosevelt's response to the Great Depression in the 1930s. For a 4 1/2-mile, flat loop to the former camp location, park at Shea Rink, 651 Willard St, Quincy. You'll find the trailhead at trail marker 4234 on the north side of the parking lot. Follow the green dots between St Moritz Ponds. After almost 2 miles, at marker 4091, take a right and then a left at 4083. Follow Sawcut Notch Path to 4042 and take a left to the former CCC Camp, where a sign near old concrete foundations highlights the history and significance of the camp and the men that worked there. Follow Sawcut Notch path back, taking a right at marker 4091 to follow the green dots back to Shea Rink.



left: (From left to right) Eric Grady from REI, Commissioner Leo Roy from DCR, Paul Gannon from REI, David Dobrindt from Friends of the Blue Hills, and State Senator Walter Timilty were on hand to celebrate the opening of the Abigail Adams Trail in the Blue Hills (2019).

right: Abigail Adams Trail Interpretive Sign

Abigail Adams Trail

Blue Hills Reservation



"...I should be ready to embark for the Blue Hills, where I must go to recover my health, repose my Spirits, take a little Care of my Sons and Daughters, and be made much of, by their Mother."

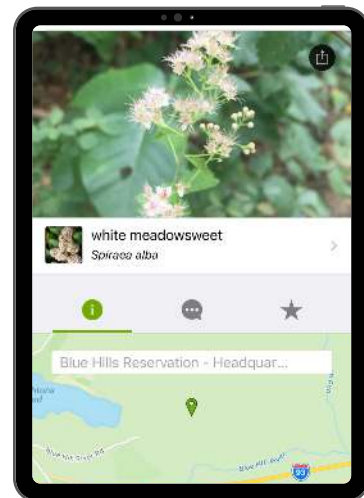
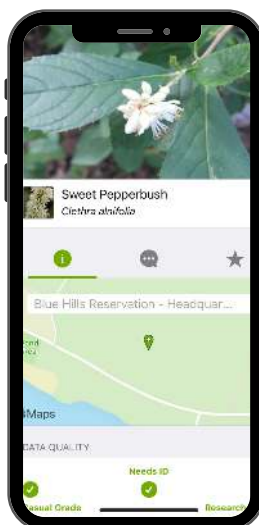
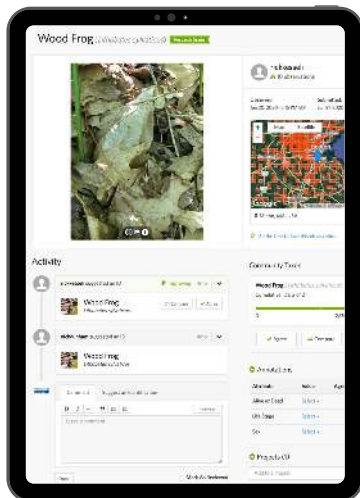
Abigail Adams was an American writer, who was particularly about women's rights and the rights of slavery. She was also active in the American Revolution, the second president of the United States.

The Adams family moved to Braintree and then to the old home of the Blue Hills. During this time, she wrote many letters and a journal. Some of these are now on display at the Blue Hills.



Keep it clean

You can help steward our trails too!
Join our Better Forest Challenge - Blue Hills and post three photos from each of the above hikes in our community science project!



Better Forest Challenge - Blue Hills

Part of keeping our trails clean and enjoyable... is keeping our forests healthy. You can help steward the park by participating in the Better Forest Challenge - Blue Hills just by taking photos of the plants and animals you see in the Blue Hills. When you share your photo observations as part of the Friends of the Blue Hills team on iNaturalist, your data will help researchers and nature enthusiasts better understand the health of the forest, how climate change is affecting the forest, and how to better protect it.

Visit FriendsOfTheBlueHills.org/Forest-Challenge to learn more... and start helping the forest!

