



Welcome to DCR’s Blue Hills Reservation

With over 7,000 acres that include an extensive network of wide carriage roads and rocky hilltop trails, the reservation is ideal for mountain bikers of all ages and abilities. Please remember that the trails are multi-use and are shared by hikers, horseback riders and runners who have the right of way. Respect and cooperation will ensure that your use of the trail will not conflict with the use of other trail users and will help maintain healthy trail conditions. Enjoy your ride and please keep these guidelines in mind as you explore.

Where Mountain Bikes are Allowed

Take a minute to familiarize yourself with the maps. The reservation is divided into management sections. Sensitive or vulnerable sections may have greater restrictions than other sites. The areas that offer mountain biking include Great Blue Hill, Houghton's Pond, Ponkapoag, Ponkapoag East, West Street and Little Blue Hill. The Fowl Meadow section allows mountain biking as well and the map is shown separately.

Designated bike trails are delineated in black and the trails where bicycles are not allowed are shown in red on the maps.

Trail Assistance

Look for DCR rangers and TrailWatch volunteers on the trails or stop by the Reservation Headquarters. DCR TrailWatch volunteers are concerned recreational trail users who promote safe and cooperative trail use.


IMPORTANT CONTACTS

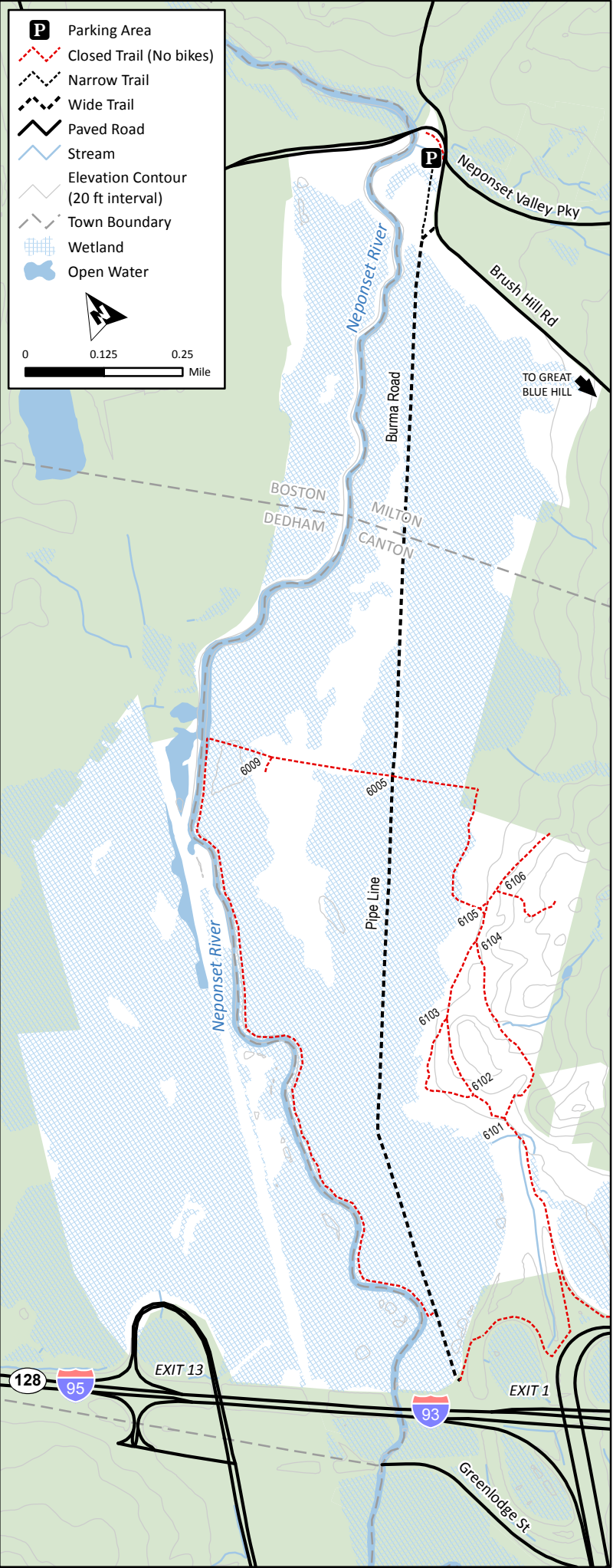
DCR Blue Hills Reservation Headquarters
695 Hillside Street, Milton, MA 02186
(617) 698-1802

DCR 24-hour Radio Dispatch (508) 820-1428

In case of an **emergency**, call **911** or contact the State Police Blue Hills Barracks at (617) 698-5840.

Mountain Biking Guidelines

- **Mountain bike trails are closed between March 1st and March 31st** due to soil conditions.
- **Temporary closings may occur occasionally** due to environmental or safety concerns. Closed trails will be posted on reservation bulletin boards and at trailheads. Please take note: closed trails will be marked with a No Bicycle sign. 
- **The park is open dawn to dusk.** Night riding is prohibited.
- **Trails east of Route 28/north of I-93 are closed to mountain bikes**, including Chickatawbut, Wompatuck, St. Moritz and Quincy Quarries, to protect endangered species.
- **Plan ahead.** Familiarize yourself with the trail maps. Four-digit numbers on the maps correspond with white and black trail markers at trail intersections. The contour lines depict elevations of the surrounding area. Contour lines that are closer together represent a steeper slope.
- **Groups of six or more mountain bicyclists require a Special Use Permit.** Permits are available through the Reservation Headquarters.
- **Always yield.** Hikers and horseback riders have the right of way. When approaching from the rear, slow down and announce your presence. Pass slowly and safely.
- **Control your bike and ride responsibly.** Maintain a safe speed at all times and exercise caution on blind curves and steep slopes.
- **Ride safely. Always wear a helmet and eye protection.** Children 16 years and younger are required to wear headgear by state law. Carry a water bottle and a repair kit. Be familiar with your bicycle. Know your limits.
- **When slowing down, modulate brakes, both front and back,** to prevent skidding and rutting of trails.
- **Leave no trace.** Ride on existing trails. Never create new trails such as short cuts or turn-outs around fallen logs, water bars and muddy areas. Ride through puddles rather than around them. Avoid soft and wet trails.





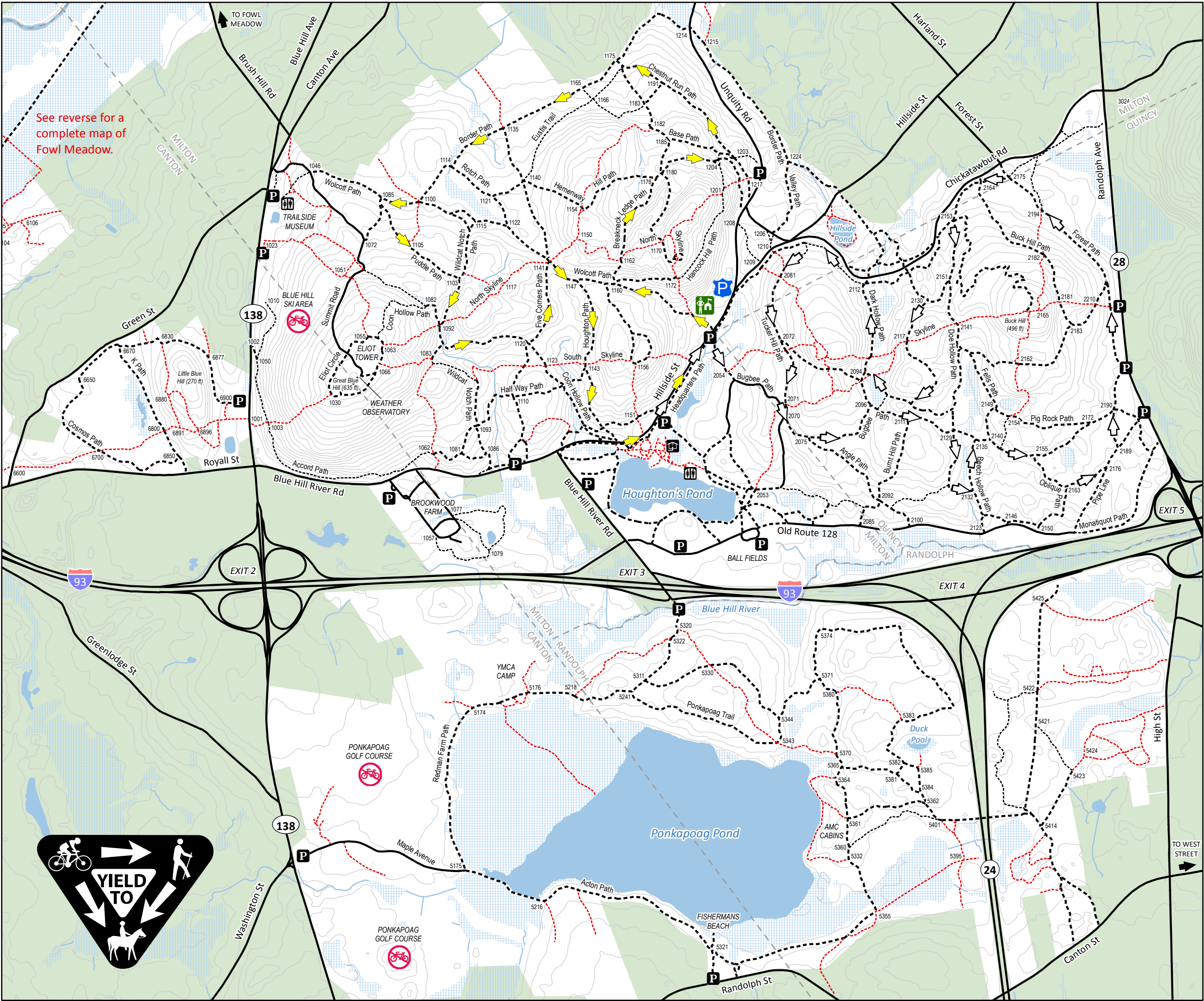
Mountain Biking

in DCR's Blue Hills Reservation

2015 Riding Season



It's your nature!



BLUE HILLS RESERVATION

Sections open to mountain biking.
Mountain biking is allowed within the sections shown on the maps in this brochure. See bulletin boards on-site for more information. Please respect private property.

LEGEND

Trails in **red** are closed to mountain bikes due to the sensitivity of soils, slopes and habitats, and public safety concerns. **Please heed the posted No Bicycle signs.**

Parking Area	Closed Trail (No bikes)
Reservation Headquarters	Narrow Trail
Seasonal Restrooms	Wide Trail
State Police	Paved Road
Visitor Center	Stream
Wetland	Elevation Contour (20 ft interval)
Open Water	Town Boundary

Directional Loop Trails

Two color-coded directional loop trails begin and end at the Houghton's Pond main parking lot, 840 Hillside Street, in Milton. These loops are multi-use trails to be followed in a counter-clockwise direction.

Intermediate Loop (Forest Path)
6 miles. Marked by white triangles.
Houghton's Pond section.

Advanced Loop (Breakneck Ledge)
4.5 miles. Marked by yellow triangles.
Great Blue Hill section.

Intersection Markers

The four-digit numbers on the maps indicate trail intersections. Look for the corresponding white, wooden signs with black numbers on trees or postings along the trails.

